

Shaklee NEWS

Stomach Soothing Complex

After I had my gall bladder removed last year, I still suffered from terrible stomach pain. I had an endoscopy which showed hyperacidity but no infection. My internist, who is also a gastroenterologist, told me that the condition was probably genetic. He prescribed a series of drugs -- Prilosec, Prevacid, Aciphex and Protonix which either worked for a short period of time or not at all.

In desperation I tried Shaklee Stomach Soothing Complex. I knew that even if it didn't help, it wouldn't hurt me. Bingo, the discomfort was gone! It sometimes comes back (depending on what I eat), but not to the same degree I had. I suffered from extreme pain for two days a few weeks back and then realized that I had forgotten to take my Stomach Soothing Complex. I started taking it again and the pain subsided. I told my doctor and he said: "Good, keep taking it." I told him that I have been taking Shaklee Alfalfa tabs for my bursitis and he said that if it works for me I should keep taking them. This is amazing stuff! Glen



code: 20601

A unique blend of Peppermint-Ginger, Anise & Fennel Powder.

DR. MYRON WINICK, M.D.

Columbia University College of Physicians & Surgeons

"Shaklee Products are very well tested both from a standpoint of efficacy and safety. I consider Shaklee's study of bone loss and their Vita-Lea product's relationship to bone loss not only important from a standpoint of their product, but important from a standpoint of the scientific community's understanding of bone loss. . . .

I think it's very impressive that the Shaklee scientists are willing, not necessarily to go with the flow, but rather to go with the science."

HERBS AND COLON HEALTH

My elderly 89 year old father takes Herb-Lax daily and has for many years. Recently he had a colonoscopy. I guess they thought he should have something wrong at his age. During the procedure the doctor asked my dad--"Do you take Shaklee Herb-Lax?" "My dad said Yes, I do every day" (he takes 2 or 4).

The doctor said I thought so because the colon is a darker color. I have several other people with colons like yours and they all take Shaklee. Dad is getting worried, "Is it bad?" "No," he said, "I wish all

my patients had colons like yours--your colon is that of a 20 year old person, that is good, it couldn't be better." Sharon Rowe

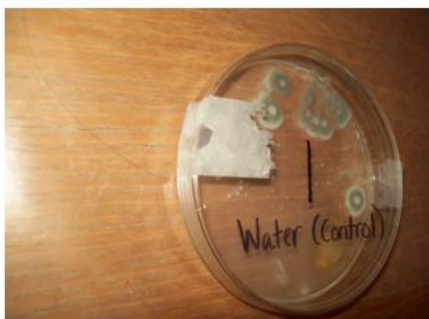
Dr. Shaklee formulated HERB-LAX with a combination of nine different herbs that help detoxify the body through better, more complete, elimination.



Code 20141

Krista Alvarado attends Westport High School in Ocala, Florida. She used Petri dishes for her Chemistry Honors class for a Science Project. Krista was selected as one of the finalists to participate in the Big Springs Regional Science Fair representing Westport.

Which brand of disinfectant works best at killing bacteria ?



Number	Type of Disinfectant	Number of Colonies	Rank of Best to Worst
1	Water (Control)	Day 1: 4 Day 2: 5 Day 3: 9 Day 4: 32 Day 5: 60 Day 6: 70	6th
2	Germ-X Hand Sanitizer	Day 1: 0 Day 2: 2 Day 3: 6 Day 4: 7 Day 5: 10 Day 6: 10	3rd
3	70% Alcohol	Day 1: 0 Day 2: 10 Day 3: 22 Day 4: 22 Day 5: 24 Day 6: 34	4th
4	Pine-Sol	Day 1: 0 Day 2: 4 Day 3: 5 Day 4: 5 Day 5: 5 Day 6: 6	2nd
5	Lysol Disinfecting Wipes	Day 1: 0 Day 2: 19 Day 3: 42 Day 4: 57 Day 5: 58 Day 6: 59	5th
6	Basic-G by Shaklee	Day 1: 0 Day 2: 0 Day 3: 0 Day 4: 0 Day 5: 0 Day 6: 0	1st

Shaklee's Basic G
Code: 00525
Is a CLEANER & DISINFECTANT!
Killing over 40 types of bacteria, fungi & viruses, including Herpes Simplex I & II, Staph & Strep pathogens.
Economical because it's concentrated, costing less than two cents for 12 oz.

Congratulations Krista!

CHOLESTEROL DROPS

Dubi, Just a quick note to let you know how effective Cholesterol Reduction Complex has been from me. My short history is that I'm 41 years old, slightly overweight, and have had moderately high cholesterol for at least 10 years. For years my doctor told me to cut down on fats, increase my level of exercise and start taking a statin drug. I kept telling him I was game for the first two but didn't want the statin. At 40 he finally gave me the ultimatum.

My total cholesterol was at 272, HDL 38, LDL 193 and triglycerides at 205. He gave me four months to show significant improvement, or it was time to start the statins. At a BNI meeting I saw your presentation on Shaklee's Cholesterol Reduction Complex and decided it was worth a try. **Three months later**, my total cholesterol dropped to 224, HDL up to 42, LDL down to 156 and triglycerides down to 128. This time, in the discussion with my doctor the word "statin" never came up. I have another appointment in a few months and will let you know how those numbers turn out.

Andrew Betts

Breaking News on INFLAMMATION

From Dr. Jamie McManus and Les Wong. Announced in the Wednesday night Health Sciences call.

A Shaklee study showing that a resveratrol and muscadine polyphenol-based supplement (VIVIX) suppresses the oxidative and **inflammatory** stress response to eating a high fat, high carbohydrate fast food meal -- has now been published in a peer-review journal.

The supplement was specifically shown to stimulate the activity of a key regulator of the body's antioxidant defense system, Nrf-2, and induce the expression of related antioxidant genes.

This is huge news --- because inflammation is now proving to be the underlying cause of many of our most prevalent diseases...

Here's the link: <http://jcem.endojournals.org/cgi/content/abstract/jc.2010-1812v1>

ROSACEA/SKIN TAGS/WARTS

Dear Linda,

Just wanted to let you know that Mrs. Strickland added Vivix to her diet and she is so excited about the results. Her rosacea has lightened some and a lot of the skin tags and warts are gone.

She can hardly believe what's happened! She takes a lot of Shaklee supplements but Vivix was the one product that she was not taking. She actually had the product, but kept forgetting to take it so I encouraged her to make herself a reminder note next to the rest of her supplements. She started taking it faithfully and the results have been wonderful!

Darlene Padgett

CHOLESTEROL REDUCTION COMPLEX TESTIMONY

Liz Hardy has been so frustrated with her cholesterol numbers. She watches her diet, uses Shaklee Supplements and the two of us work out at the Wellness Center 4-5 days a week.

She has been taking Cholesterol Reduction Complex 4 months. Her lifestyle has been the same for years. There were no changes except for the CRC.

HERE IS HER STORY:

My fasting cholesterol went from 242 to 198

My HDL went from 50 to 58

My LDL went from 166 to 116

I told the doctor that this was due to Shaklee's new cholesterol supplement."

He said, **"This stuff really works."**

Helen Cornwell

COLITIS/DIVERTICULITIS/CHRON'S

February of 2008 I was diagnosed with Colitis and Diverticulitis but tests also showed a possibility of Chron's. I was on various medications throughout 2008 and 2009 with nothing really helping. Then one day in late January of 2010 Amber called and talked to me about Vivix and offered to send more information along with testimonials. After reading the material I ordered Vivix and after a month thought it wasn't going to help me but I remembered Amber saying to try it at least for two months. I started taking Vivix in February and after two months I could see improvement and by three months I was symptom free and I still am.

Before taking Vivix I had diarrhea, bloody stools, and mucus discharge to the point I didn't leave the house but for a short time. I was basically living on toast and yogurt and drinking only water. I had no energy. Now I watch my diet but I can eat most things and I still drink mostly water but occasionally have tea or a soda. I am now able to do my regular activities.

I am so thankful for that call from Amber in 2010.

Louise Branch

She also shared with me that prior to February 2010 she was taking Vita Lea without iron and occasionally she would take Herb-Lax but it wasn't until she started taking Vivix in February and gave it 2 months almost to the day that she became symptom free. She was and still is on these 2 medications: Azathioprine and Liada

Before taking Vivix she wasn't symptom free with the medications but once introducing Vivix is when the symptoms went away.

Amber Bernhardt

VALLEY FEVER

Rita, I saw my friend, Robbie, today who has valley fever (has had it for about a year) and she looks great! When I saw her a few months ago, she was bloated, wearing a wig and always tired. Today, she has her hair coming in, she's feeling lots of energy and was out playing golf! Her titer (valley fever blood test) was improved and she is very optimistic that the end of the awful drug she's on, will be soon! She's on Vivix, Vitalizer and a protein shake daily. It was sure good to see her feeling so good!!

Carol James

SPECIAL ..THROUGH MARCH

\$100.00 IN FREE "CINCH" FOR ALL NEW MEMBERS !

(see below)

"Cinch" Weight Loss Program.

**No Hunger - Keep The Muscle,
Lose The Fat!**



Before

"Cinch was the bright light at the end of the tunnel that had become my life."

- Elana, single mother of five and a teacher, is now a total of 15 1/2 inches and 47 pounds healthier.

The plan was challenging, especially the first week, when Elana had to change her eating habits - then came introducing healthier foods into her diet, then portion control. Yet she prevailed, and today she is thrilled!

For others trying to reach their goals, Elana advises:

"Really, really follow the food plan to a 'Tea'. I didn't take any short cuts, and it worked. Cinch gives you the strength and energy you need. Plus, you don't feel that you're dieting, and soon it becomes a lifestyle."



After



"I was extremely overweight and facing serious health issues as a consequence of my weight. I lost 100 lbs and 30 inches, and feel like Shaklee has given me my life back"

David's mother had recently died from complications caused by "morbid obesity" at the age of 67. Now, his doctor had just told him he was on the same path, and prescribed medications for blood pressure and cholesterol. David says "I was lightheaded and had been having blackouts and I was exhausted at the end of every work day. I was afraid that I would not be alive for my own children."

David started the Cinch Inch Loss Plan to lose weight and create a healthier future for himself. After a week, he realized that he was not hungry. Then he noticed that his cravings were gone. Instead of bottles of soda and other unhealthy foods, David has a Cinch snack bar when he wants something sweet and it satisfies him.



Special Offer for new members! Join as a member or distributor with a minimum \$70 member order or as a Gold Ambassador and receive a Cinch Sampler pack (a \$101. retail value) FREE. Code Number 59718.

Sampler Pack includes: 1 canister Cinch Shake mix (vanilla), 1 box Cinch Snack bars (P'nut butter), 1 box Cinch Tea (Pomegranate), Program Guide, Plus 3 months membership at cinchwellness.com

Offer ends: March 31, 2011. Ask your Sales Leader for additional information.